

**The following menu was planned by  
The Area Agency on Aging:**

**November 4 - 8, 2024**

## **Monday**

**Meatballs & Gravy  
White Rice  
Mixed Veggies  
Roll  
Vanilla Pudding  
w/ Mandarin Oranges**

## **Tuesday**

**Pork Chops  
Black Eyed Peas  
Stewed Tomato w/ Okra  
Cornbread  
Pears**

## **Wednesday**

**Oven Crispy Chicken  
Seasoned Carrots  
Green Beans  
Roll  
Yogurt**

## **Thursday**

**Vegetable Beef  
Soup  
Sliced Beets  
Cornbread  
Apple**

## **Friday**

**Grilled Chicken  
Sandwich  
Lettuce & Tomato  
Pasta Salad  
Dessert**

